

## [GATORADE RECIPE](#)



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### **Gatorade Recipe 6 Steps with Pictures instructables com**

Gatorade has a few different bottle sizes, but one common one is the 32 oz. size that often retails for \$1.99. We just made it ourselves for 21 cents. Even compared to the Gatorade powder we still come out ahead. In my local grocery store I can get a plastic container with enough powder to make 32 servings for \$4.99. If we want to make the powder on our own it would cost \$1.68.

<http://ebookslibrary.club/Gatorade-Recipe--6-Steps--with-Pictures--instructables-com.pdf>

### **Homemade Gatorade Recipe Genius Kitchen**

Directions. Place all ingredients in a large pitcher or jug and stir or shake until well mixed. Chill and keep refrigerated until used. Note: Adjust sweetness to taste by adding (or in rare cases reducing) a little sugar since drink mixes can vary.

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Make and share this Gatorade recipe from Genius Kitchen.

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### **How to Make Gatorade Heavenly Homemakers**

I love this recipe it s the easiest recipe I ve seen and it s way cheaper than actual Gatorade. I m an athlete and i usually end up sharing my sports drink with my friends and they couldn t even tell that this wasn t real Gatorade. Thx for making me life easier with this recipe.

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### **Gatorade Recipes SparkRecipes**

Top gatorade recipes and other great tasting recipes with a healthy slant from SparkRecipes.com.

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### **Homemade Gatorade Sports Drink Recipes Living on a Dime**

I made the Homemade Gatorade using 1 level teaspoon of salt only, not a heaping teaspoon, and 1 level teaspoon of baking soda, also not a heaping teaspoon, and the recipe came out tasty. Not too salty. I like to walk and in this heat these recipe are great. I also made the Electrolyte Replacement and that is very tasty too.

<http://ebookslibrary.club/Homemade-Gatorade-Sports-Drink-Recipes-Living-on-a-Dime.pdf>

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